

THE EXCITING JOURNEY OF LIFE BEGINS HERE.

ABHYASA

INTERNATIONAL SCHOOL



PLAY
SHARE
LAUGH
CRY } LEARN

ABOUT US

Abhyasa International School established in 2025, is a co-educational, English-medium school following the Central Board of Secondary Education (CBSE) curriculum.

Providing the finest education to the young learners is what we honestly aim at, by continuously involving and encouraging learners to take initiative and become creative thinkers.

Our school curriculum is well planned and designed by experts in the field of education, keeping in mind each learner's abilities, and primarily work towards building core academic and personal skills. Our Pre-School focuses on play-based learning to imbibe curiosity and encourage cognitive, social, physical, and emotional skills in the kids.

WHY CHOOSE US?

We understand that choosing the right school is one of the most significant & challenging decision a parent has to make, as it influences a child's growth, learning, and future success.

Abhyasa International School is committed to Educational and Activity based learning and to serve you with quality and value Education. We provide an inspiring and energizing environment that places the happiness of your child at its heart.

We strongly believe, that a happy child is an engaged child; who can explore the stimulating world of knowledge. Each child is encouraged to make their every single day a positive learning experience, where our supportive learning environment enhances every unique student's skill set.

Our consistent effort to offer an unparalleled educational experience ensure that all pupils grow with confidence, maturity and intelligence.

MISSION

To create opportunities for its students to pursue excellence in education with requisite social, academic and life skills and nurture diverse talents in the varied forms by valuing each child as an individual and respect diversity in thought, word and action to ensure lifelong success.

VISION

To become a premier school of education recognized for its diversity, and known to instil a passion and a desire to be a lifelong learner, to make the world a better place for our students by adopting a holistic approach to the growth and development of students.



OUR CURRICULUM

Curriculum at Abhyasa International school is well designed to promote holistic, i.e. physical, social and intellectual development, as well as equip each child with the knowledge and problem-solving skills needed to excel in the competitive exams later, right from the foundation level. We have structured our curriculum and pedagogy in a new 5+3+3+4 structure and as envisioned in the National Education policy.

Curriculum Integration of essential subjects, skills and capacities is an add-on. We have introduced 'Robotics' and 'Financial Literacy' as a vocational subject from Grade 1, and a foreign language from Grade 5.

HOLISTIC DEVELOPMENT

"All work & no play makes Jack a dull boy"- that's exactly what we believe. Extracurricular activities offer a platform for students to discover their passions, hone their talents, and

pursue personal goals. They provide a well-rounded education by complementing academic learning with real-world experiences and practical skills.

Some of our most popular extra-curricular activities are: Reading Club, Sports & Games, Yoga & Meditation, Art & Craft, Speech & Drama, Music & Dance, Urban soil, Events & Celebrations.

READING CLUB - The reading habit is something that needs to be developed from an early age. To aid to this, we have set up well-stocked reading books in the library. Children are encouraged to read and share what they have learned and share their thoughts & insights with their friends and teachers.

SPORTS & GAMES - We all know that Sports are important for students because they help develop physical and mental fitness, build self-confidence, and teach values like discipline and ethics.

INFRASTRUCTURE / AMENITIES

The school is situated on a sprawling plot of 3.5 acres, providing ample space to accommodate a range of facilities, including academic blocks, sports grounds, and recreational areas.

Besides spacious and airy classrooms, the school has well equipped science laboratory, a well-stocked library and resource center which has a collection of latest teaching aids and resources available for the students and teachers. The school houses a sprawling lush green playground with facilities for all sports activities available to students during school hours. The school has the facility for regular updates about upcoming events and celebrations, and other vital information about school for parents through ERP. Remedial Classes are conducted for students who are unable to achieve through normal learning process.

Activity Classes regularly conducted throughout the year with Music, Dance, Art and Craft, Sport & yoga classes inculcated in the daily schedule. The school ensures safety and security of the students through CCTV surveillance in entire campus along with each and every Classrooms, Labs, Activity rooms. The school provides safe and comfortable transport facility at nominal charges through school buses and vans covering major surrounding areas.





The school has a huge dedicated area specially for sports and has developed the ground for multiple games like football, basketball, kabaddi / Khokho, skating, and a running track. These sports & games classes including indoor games like Chess, are inculcated into the schedule to get children into the habit of exercising and staying fit.

YOGA & MEDITATION - Regular practice of yoga enhances concentration and focus. The combination of physical postures, controlled breathing, and mindfulness techniques helps students develop better attention spans, leading to improved academic performance and productivity.

Our students right from Pre-primary level will be experiencing mindfulness and performing the asanas regularly as a part of the curriculum.

ART & CRAFT - Art indeed is therapeutic and help children develop a variety of skills, including creativity, self-expression, and fine motor skills. They also help children develop a sense of self-esteem and self-worth.

Our teachers at Abhyasa help kids lend colour to their dreams, and our students reward us with some unique masterpieces indeed!

SPEECH & DRAMA - Through dramatic play, children learn to express themselves, understand different perspectives, and build crucial social skills like cooperation, sharing, and problem-solving.

MUSIC & DANCE - help with physical and mental development, as well as social and emotional skills. Whether it is classical or contemporary, our music and dance classes offer an excellent opportunity for children to learn different dance forms and music.

URBAN SOIL - Our programs are developed not only to promote student success in the classroom, but far beyond it. As a part of this project, students are educated about dignity of labor besides making them equipped with identifying the seeds, plants and the vegetables. As part of the program, students also learn various agricultural techniques.



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